

Bounce Back!

a guide to recovery resources in the District of Columbia
September 2007



Alcohol and other drug poisoning can be fatal! If someone becomes unconscious after overdosing and cannot be awakened, call 911 immediately!

This Guide was prepared by Rob Fleming of Recovery Works with funding by the D.C. Department of Health, Addiction Prevention and Recovery Administration. The opinions herein are those of the author and are not endorsements by the Government of the District of Columbia. Other than those programs certified by the Addition Prevention and Recovery Administration, no endorsement of any of the programs cited here is intended or implied.

The Guide may be downloaded or browsed at www.RecoveryWorks.org.

RecoveryWorks is a social technology design/build organization committed to building tools to make recovery more possible. We also publish a monthly electronic newsletter, Progress Notes, with information for the DC recovery community. Each month, it carries stories on:

- Local news,
- Research and Practice,
- National news,
- International news,
- Advocacy Messages,
- Professional Development (conferences, training, and employment),
- Resources (funding news new tools, funding opportunities), and a
- Community Calendar.

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Send comments, criticism, and editorial contributions to:

Editor@RecoveryWorks.org.

The “Bounce Back” symbol used in this Guide

The recovery movement is made up of many independent parts, which often are not able to recognize each other, appreciate their collective strength, and form alliances and cooperative bonds. This Guide is an attempt to build a network of bridges between what have all too often been exclusive “silos”. The Guide also uses a proposed logo, a recognition signal, for the recovery movement as a whole, like the scales of justice or the caduceus of medicine. It symbolizes that it is possible to hit bottom and bounce back, and that bouncing back happens best in community. All who work for recovery are invited to use this symbol.



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Quick Summary

Alcohol and Other Drug Disorders – the new catch-all term for alcoholism, alcohol abuse, and substance abuse and addiction – is a major problem in the District of Columbia. AODD directly affect about 60 thousand residents and far more of their families, friends, congregations, and co-workers. They cost \$1.8 billion in government Services and still more in private costs and human misery, and play a major part in many other social problems. It is estimated that 30 percent of all adults have, or have had, a problem with alcohol at one point in their lives. Others have had problems with drugs.

Most AODD are chronic problems, like asthma, diabetes, and heart disease. People who have them may not always be cured, but they can be treated to be symptom-free. In fact, the success rate for Alcohol and Other Drug Disorder treatment is better than that for most chronic diseases. Because AODD are chronic, people can be in recovery, without any symptoms, but still need to treat their disorders on a continuing basis.

DC has a wide range of programs working to do just that. Some are free-standing, others are associated with a government agency, a faith-based organization, an employer or professional society, a hospital, or another social-service agency. Many are the now-familiar mutual-support groups like AA, NA, and Al-Anon. Some are free, some are covered by private or government insurance, and some charge on a sliding scale based on ability to pay. There is “no wrong door” to recovery. There are also programs that provide on-going recovery support, and some that help the helpers with Services like policy research and advocacy, training, and information Services.

This Guide starts with a brief description of AODD, how they are treated, how to pay for treatment, how the law and religion relate to them, and how to talk to someone in need of recovery. The Guide includes an alphabetic directory of programs, with contact Service, clientele, and payment information. It has several cross-references by these and other topics. It concludes with a well-respected test to see whether a person has an AODD problem that needs treatment.

By using the Guide, you can find the program that best fits your needs. But if immediate action is needed, there are two things a person in need of treatment can do:

- Go to the Assessment and Referral Center run by the Addiction Prevention and Recovery Administration at 1300 First Street ne for evaluation and a recommendation of a program that best meets his or her needs. ARC’s telephone number is (202)727-8473. It is best to get there at 8:30 in the morning.
- Call the Alcoholics Anonymous Help Desk at (202) 966-9115 to find the nearest AA meeting. Recovery works best as a team effort. Meetings are also listed at www.AA-DC.org. There are AA meetings throughout the day and throughout the city with at most a few hours’ wait and no cost. Other, specialized support groups are listed in the Directory.

Alcohol and Other Drug Disorders are serious problems, but thousands of people in the District of Columbia have overcome them. This Guide will help you find help.

Background

Introduction

Almost one-third of all adult Americans have had a problem with alcohol at some point in their lives¹. Still more have problems with drugs. Most people didn't get any help with their problem for eight years or more. But many of them managed to bounce back after they hit bottom.

Sometimes it takes a little help to turn a crash into a bounce, but that help is available. This Resource Guide will help you find it, for yourself or for someone else. The sooner an alcohol or drug problem is addressed, the easier it is to treat. A well-respected assessment tool is offered in the Appendix to help you decide if there really is a problem.

There should be "no wrong door" to recovery. People should be able to find help through their job, their church, their school, their family doctor, their families, or even through the police and courts. So this Guide is intended to be a map of the territory of recovery, both for those who live in it and those who would

open a door and help others find it. People familiar with the problem may want to skip this section and go right to the Directory.

In developing the Guide, the intent was to throw the net widely, but not far. The Guide lists many kinds of resources in addition to treatment, because alcohol and drugs impact all segments of society and all parts of people's lives. It lists resources particularly useful to District of Columbia residents, although a few are national programs with a DC presence. A few are programs run by DC providers that serve DC residents, but which operate outside the District. There are many other fine programs around the country, too many to list, that may be found through the Treatment Locators listed in the Directory section of the Guide.

¹ Prevalence, Correlates, Disability, and Comorbidity of DSM-IV Alcohol Abuse and Dependence in the United States, by Deborah S. Hasin, PhD; Frederick S. Stinson, PhD; Elizabeth Ogburn, MS; Bridget F. Grant, PhD, PhD; Arch Gen Psychiatry/Vol 64 (No. 7), July 2007

About Alcohol and Other Drug Disorders

Alcohol and other drug disorders (AODD) is the current term used to include alcoholism, alcohol abuse, drug addiction and drug abuse. Alcohol is by far the most widely-abused drug, but because many people can use it safely, it is also the most readily-available and, in most cases, the most legal.

AODD are brain diseases. They affect the parts of the brain that learn and make judgments, the parts that make us

human. These parts are still forming and particularly vulnerable until the early 20's, which is why alcohol and drug sales to and consumption by minors are such a concern. These drugs hijack the normal brain chemistry sending false signals that result in bad behavior. It's sort of like you decided to drive to Baltimore, but someone changed all the highway signs and maps. You can be the best driver in the world, with the best car in the world, but you will still end up in

Annapolis. The decision to use alcohol and drugs is a choice, but a choice made with bad information and reinforced by many societal messages that say drinking will make you popular and that there is a drug to cure any problem, from heartburn to baldness. Many of the programs listed in this Guide can help people make better choices.

AODD are often chronic, affecting all aspects of a person's life, and the lives of those around him or her. As such, they require comprehensive, continuing care, and there is a growing recognition of the need for recovery support services such as housing and job training, and some of those are listed here as well. The recognition that AODD is a wide-spread problem that is poorly addressed has given rise to a growing recovery advocacy movement of people working to change social perceptions and responses. Policy and advocacy resources are also listed here.

A study of DC residents², found that 60 thousand people, about one-tenth of the population, had problems with their

health, work, family, or school life which were caused by alcohol and other drug use and which were severe enough to need AODD treatment. A review of the city's budget³ found that \$1.8 billion tax dollars were spent on preventing AODD, treating it, or cleaning up the mess it left behind in crime, broken homes, and dependency. The private cost, and the cost in human misery is surely much higher.

AODD are the disease that tells you that you don't have a disease. They are "cunning, baffling, and powerful", and very, very patient. They kill from the inside out, and a person can look good and literally dying inside. Fortunately, AODD are treatable illnesses.

² 2000 Household Survey on Substance Abuse, Addiction Prevention and Recovery Administration, Washington, 2001.

³ First Citywide Comprehensive Substance Abuse Strategy for the District of Columbia, Mayor's Interagency Task Force on Substance Abuse Prevention, Treatment & Control, 2003 (available at http://dchealth.dc.gov/doh/cwp/view,a,1374,q,575921,dohNav_GID,1802,dohNav,|33200|33201|.asp)

Getting Well

Treatment for alcohol and other drug disorders is both well-established and continually evolving. Its success rate is not perfect, but it is better than that for other chronic disorders like asthma, diabetes, or heart disease. Some people do relapse, but some of them get better with repeated or alternative treatment. Many people in Washington count their sobriety in decades as well as "one day at a time". Here are some of the ways to get a second chance at life:

Intervention is a formal structured confrontation between a person suffering from an alcohol and/or other drug disorder and people who matter to him or her such as family members, friends, co-workers, or employers. While confrontational, interventions should be supportive and always offer a way out such as an identified and arranged treatment program. Interventions are usually managed by professionals, who may be associated with a treatment program or be independent.

Brief Intervention is a relatively new technique in which a person with AODD is confronted with the diagnosis, the likely consequences of continuing the behavior that led to it, and the opportunity to change. BI is usually combined with Screening and Referral to Treatment and called SBIRT. SBIRT is now being practiced in trauma centers, where it has been found to reduce the rate of readmission for further AODD-related trauma or disease. Screening and intervention may become more common in education (like checking for vaccinations against childhood diseases before enrollment) and primary care (like advice against smoking). SBIRT can be highly effective and relatively inexpensive.

Individual Counseling may be provided by psychologists, psychiatrists, and social workers who identify AODD as one part of an individual's or family's problems.

Outpatient Counseling is probably the most common form of treatment in use today. Clients attend sessions that are part education lecture and part individual coaching. Clients usually live at home and continue to go to work, attending sessions in the evening and on weekends.

Intensive Day Treatment is similar to outpatient treatment, but clients spend all day at the treatment facility, going home or to another facility to eat and sleep.

Short Term Residential Treatment is the next step up, where clients live, eat, and sleep at the treatment program. This is the classic "Rehab", but insurance coverage has reduced it in many instances to 21 days from the original 28 in the original "Minnesota Model". The treatment facility may be in, or associated with, a hospital. This is beneficial for

clients who may have co-occurring problems like liver disease. Short-term residential treatment is usually followed by Aftercare.

Aftercare may reinforce the lessons learned in more intensive treatment but also gives attention to the problems of getting back into a life without the drug or alcohol and repairing damaged family, community, and professional relations and personal health. Aftercare is usually two sessions a week in the evening so that clients can get on with their lives and get Peer Support.

Peer Support is widely recognized as helpful and recommended by treatment programs. Humans are social animals, and many people find that recovery is a team sport. Peer support can be found in Alcoholics Anonymous, Al-Anon, Narcotics Anonymous, and a host of others, sometimes erroneously called "self-help" groups. There are hundreds of mutual-support groups holding thousands of weekly meetings in the DC area, many of them with a special focus such as men's meetings, women's meetings, gay meetings, and even lawyers' meetings. There is even a meeting in the US Capitol building. In addition to being readily available, mutual support groups are free. There are also five recovery clubs in DC and several in the nearby suburbs where meetings and other social events are held.

Long-term Residential Treatment is available for people who need a stronger dose of treatment. Many long-term residential programs are Therapeutic Communities that combine the teaching and coaching of the classic "Minnesota Model" with increased peer support from the staff and other clients. Adolescents, who missed some of the normal maturing process while drinking

and drugging, frequently benefit from this option.

Relapse Prevention is for people who feel the need of a “booster shot” of treatment.

Methadone Maintenance is for opiate (heroin, morphine) addicts who get daily doses of a substitute drug that will keep them from going into withdrawal, curb their cravings, but not make them high while they rebuild their lives. Clients typically have to go to a clinic to pick up their medication. Methadone maintenance may be coupled with Minnesota Model education and coaching. Clients on methadone may eventually be

Paying for Treatment

The problem of how to pay for treatment is one of the biggest barriers to recovery. Fortunately, it is not as big a barrier as it seems. AODD treatment is a good investment, saving seven dollars for every dollar spent. But for a number of economic reasons, some treatment is best provided outside of the normal market system, much like public education and national defense. So there are a variety of free and third-party ways to pay for treatment:

Some people, who have not slipped too far down the economic ladder, pay for their own treatment, either from savings, contributions from friends and family, or personal borrowing.

Most health insurance and Health Maintenance Organizations include some substance abuse treatment Services, but the kind and duration of treatment covered may be limited. Recent changes in DC law have made treatment more accessible through repeal of the Alcohol Exclusion Clause of the Uniform Patient Protection Law, although

able to be weaned off the drug gradually to prevent bad side effects.

Buprenorphine Therapy also provides an alternative medication for opiate addicts, but is prescribed by a physician and supplied by a pharmacist, allowing the client to take home a multi-day supply and spend more time on rebuilding his or her life.

Finally, some people get well on their own, without benefit of clinical programs or peer support. They just get sick and tired of being sick and tired and self-diagnose, quit or cut down, and no longer have the problems associated with alcohol and other drug abuse.

some claims adjusters may not be aware of the change.

Medicare and Medicaid do not cover AODD treatment at this time, but the city’s Addiction Prevention and Recovery Administration is working to change this. Screening and Brief Intervention were added to the Federal list of reimbursable Services in 2007.

Military and Veterans programs do cover AODD treatment and there are programs at Walter Reed Army Medical Center, Bethesda Naval Hospital, and the Veterans Department Hospital.

The DC government’s Choice in Drug Treatment program provides vouchers that clients can use to pay for treatment at most DC programs certified by the Addiction Prevention and Recovery Administration. Funding for this program is limited but may be available to those who have no private insurance. Programs that accept Choice vouchers are listed in the Cross-reference and alphabetical sections.

Other government programs, like the Court Services and Offender Supervision Agency, may pay for treatment, especially if it is mandated by the city's Drug Court.

AODD and the Law

Because alcohol and other drug disorders affect so many people, and so many people who had no part in the decision to drink or drug, there is a good deal of law concerning both the disorders and recovery from them. Many people come into recovery because of trouble with the law.

Public Drinking is against the law in the District of Columbia, but being drunk in public is not, unless the person is endangering himself or others. "Public" is defined as any "street, alley, park, or parking" and what is defined as "parking" may include some or all of some residential front yards. So after the famous "Chardonnay lady" case, the law was amended to make it legal to drink alcohol on any porch or structure that is actually attached to a house. Being drunk is considered a symptom of alcoholism, and persons arrested for endangering themselves or others are supposed to be referred for treatment. More often they are arrested for Possession of an Open Container of Alcohol (POCA), fined, and released. If public drinking is a problem in your neighborhood, you may want to raise the issue with the Alcoholic Beverage Regulation Administration, which regulates the people who sell alcohol, or your Advisory neighborhood Commission, which makes recommendations on award and renewal of liquor licenses.

Finally, there are some free programs run by charitable organizations or government agencies. The National Institute on Alcoholism and Alcohol Abuse runs a free inpatient program at the NIH campus in Bethesda. Others are listed in the Cross-reference under "Free Programs".

The Drinking Age in DC is 21 and any minor caught with alcohol and any adult supplying it is subject to a fine of \$300 and revocation of a driver's license for up to 90 days. Possession of an altered or fake ID is punishable by a fine of up to \$300 and suspension of any real license for 90 days. It is also illegal to sell to anyone of "known intemperate habits".

The Alcoholic Beverage Regulation Administration regulates the sale and consumption of alcohol in DC, controlling what kind of alcohol can be sold where, when, and by whom and to whom. Alcohol regulations are approved by, and adjudicated by, a seven-member Alcoholic Beverage Control Board. The Board has, at the urging of residents, implemented some neighborhood-specific regulations such as the ban on sale of single containers of beer. In addition, some Advisory neighborhood Commissions and private groups have negotiated Voluntary Agreements which may put additional restrictions on an individual liquor license.

DWI, DUI, OWI – or Driving While Intoxicated, Driving Under the Influence, and Operating While Intoxicated - laws and penalties are stiff in the District of Columbia. Eighteen of DC's 37 fatal traffic accidents – or almost half – in 2006 involved alcohol. The threshold for DWI is a BAC (Blood Alcohol Content) of .08% just like in the rest of the coun-

try. But if the driver is found to be impaired or underage (21), he or she can be charged with Driving Under the Influence, no matter how low the BAC. The penalty is 12 points on the driver's license and a 90 day suspension.

But DWI/DUI/OWI is a criminal offense, not just a traffic ticket. Any arrest, whether it results in a conviction or not, results in automatic suspension of the driver's license.

- The penalty for a first offense is up to 90 days in jail and a \$300 fine. For BACs over 0.20% but under 0.25%, there is a mandatory minimum sentence of five days in jail. Over 0.25% the mandatory minimum is 10 days. Both result in revocation of the license for six months, after which the driver can reapply for a new license, but only after a hearing to determine fitness to drive.
- A second offense within 15 years brings a fine from \$1,000 to \$5,000 and jail from five days to a year. Some jail time is mandatory, and there is a requirement for 30 days of community Service. The license is revoked for a year and the amount of mandatory jail time goes up with the BAC.
- On a third or further offense within 15 years, the fine goes up to \$2,000 to \$10,000, the mandatory jail time goes up to 10 days to a year. Sixty days of community Service will be required and the license is revoked for two years.

Controlled Substances offenses are adjudicated both by the regular DC Superior Court and by Drug Court and the

Juvenile Drug Court. Non-violent drug offenders may be offered a chance to enter a program of treatment, monitoring, and intermediate sanctions instead of jail. In a 2000 study,⁴ Drug Court participants reduced their drug use and were less likely to be rearrested than those in the mainstream criminal justice system. However, DC's penal system is administered by the Federal government, and little or no drug treatment is available for inmates in Federal prisons.

The Americans with Disabilities Act recognizes alcoholism as a protected disability. A person with alcoholism or who uses alcohol may not be fired for that, so long as he or she can perform the essential functions of the job. Employers can fire alcoholics for violating rules that apply to all employees, such as prohibiting drinking on the job or coming to work impaired. Employers can discipline, fire, or refuse to hire anyone whose drinking reduces job performance, as long as the same standards apply to all applicants or employees. An employer has to make "reasonable accommodation" to an alcoholic, such as allowing him or her to call a sponsor, even though there are rules prohibiting personal phone calls.

Employees, or prospective employees, currently using illegal drugs are not covered and employers may discriminate based on pre-employment or on-the-job drug testing. Employers may not discriminate against drug users currently enrolled in a treatment program or who have a history of past, but not current drug use.

Professional accreditation bodies may have additional requirements for impaired members to keep or regain their status. Both the DC Bar and Medical Society have programs to help impaired professionals recover both their

sobriety and careers. Many private firms have Employee Assistance programs that perform similar functions.

Discrimination shows up in other ways. The Alcohol Exclusion Laws, now repealed in DC, were mentioned above. Other laws and regulations may not discriminate between people currently abusing alcohol and other drugs and people in stable recovery. Professional society and licensing bodies may ask about past treatment for AOD disorders. AODD are still stigmatized, despite the

fact that one in three adults has had an alcohol or drug problem.

Disclosure is still recommended, because lying about a history of AODD may be cause for termination. This is especially true for security clearances, where an undisclosed AODD history could be used for blackmail.

⁴Findings from the Evaluation of the D.C. Superior Court Drug Intervention Program, by Adele V. Harrell, John Roman, Urban Institute, 1999 (available at www.urban.org/publications/409041.html)

Faith and AODD

Alcohol and other drug disorders affect the things that make us uniquely human. At their worst, they affect a person's ability to feel a connection to other people and to something greater than himself. They also affect a person's ability to connect present actions to future goals. These are activities encouraged and supported by religious faith, so it should not be surprising that Faith-Based Organizations (FBOs) are involved in supporting recovery. Some run treatment programs, and many congregations have a recovery ministry.

Several programs, listed in the Guide, offer Services to FBO's that want to improve their ministry to people with AODD and their families. They include:

- the Faith Partners program of the Rush Center (www.rushcenter.org/faithapproach/).
- the Clergy Certificate program of the National Association of Chil-

dren of Alcoholics (www.nacoa.org/clergy.htm).

- the Faith-based Subgroup of the DC Addictive Service Providers.
- *So Help Me God - Substance Abuse, Religion and Spirituality*, from the National Center on Addiction and Substance Abuse at Columbia University (www.casacolumbia.org/pdshopprov/files/91513.pdf).
- *Core Competencies for Clergy and Other Pastoral Ministers in Addressing Alcohol and Drug Dependence and the Impact on Family Members* is available in print from the National Clearinghouse for Alcohol and Drug Information (<https://ncadistore.samhsa.gov/catalogRM/ProductDetails2007.aspx?ProductID=16750>).

Talking About AODD - Advocacy

Words have power, and how we talk about Alcohol and Other Drug Disorders can make a difference. The term "Alco-

hol and Other Drug Disorders" is the latest in an attempt to more accurately describe the problem, de-stigmatize it, and

to suggest that it is manageable, if not curable. The term recognizes that alcohol is the most common, and most denied, drug of abuse, but that there are others. It includes full-fledged addiction, frequent over-indulgence, underage use, use of prescription drugs and household chemicals for purposes for which they were not intended, and use of illegal drugs. It is a broad term without the emotional content of “abuse”.

Because some AODD’s are chronic conditions, they may be overcome, but not completely cured. So it has become customary for people in recovery to say they are “recovering”, not “recovered”. But all too often, this is understood to

mean the person is still struggling with the disorder. Research by the advocacy group Faces and Voices of Recovery, suggest that saying “I am in long-term recovery from _____”. That means I haven’t had a drink or a drug in over _____ years.”

There is still some stigma associated with recovery from AODD, as there was until only recently about recovery from cancer. Racial, sexual, and disease-based discrimination has only been reduced because a broad base of supporters – more than just the victims – were willing to speak out and support change. Several local and national recovery advocacy groups are listed in the Guide.

Talking with Someone about Recovery - Counseling

While actual recovery counseling is a highly-skilled profession, anyone can talk to someone who needs help to get them to see the need and make a decision to get help. Nagging seldom works, but offering hope can work wonders.

There is an old myth that everyone has two dogs inside of them, a good dog and a bad dog, fighting for their soul. The one that wins is the one that gets fed. People with AODD problems are usually ambivalent about their alcohol and drug use. They started using, and continue to use, for what seemed like good reasons: to relax, to be social, to have more energy, or to dull emotional pain. Alcohol and drug use is the bad dog, but users can’t see that. Directly attacking a person’s drug use is only likely to make the user resist change and protect the thing that seemed to solved those problems.

Alcohol and drugs hijack the decision-making machinery in the brain and this leads to bad choices at work, school,

and in the family, with bad consequences. Because of the way drugs (and alcohol is a drug) work on the brain, they reinforce the using behavior, but diminish the memory of everything else, including the bad consequences that remain after the drugs wear off. Drugs feed the bad dog. Helping the user to recognize the changes in drug use and to acknowledge the connection between use and consequences, may be more effective than directly attacking the use.

Still better might be to “feed the good dog”, by helping the AODD victim to see how life could be better in recovery. This may best be done by asking questions and letting the good side of the user get some exercise.

Some questions might be:

- Why do you drink and/or use drugs?
- Do you still get the same result when you drink or use, or does it take more to get the same effect?

- Is it becoming harder to get “in the zone” where you feel good, but not impaired?
- Is it becoming harder to stay there?
- How is your drinking and drug-ging affecting your family life?
- How is it likely to affect it if you keep on this way?
- How is your drinking and drug-ging affecting your work?
- What will happen if you keep on this way?
- How would it feel to not wake up with a hangover?
- How would it feel to know that your spouse was not afraid to leave you alone with your kids?
- How would it feel to know that you were at the top of the list of employees to keep if cuts have to be made, instead of at the bot-tom?
- How do you think you could modify your drinking and drug-ging to get these good results?
- Do you think you can do this on your own?

- Would you like to know where to get some help from people with more experience and training than your own?

People with AODD carry around a big load of guilt, shame, and remorse, and they drink and drug to lighten that load. Adding more is not going to get them to change. But helping them to appreciate just how heavy that load is, and offering ways to lighten it, can lead to recovery. By encouraging the best that is in all of us – feeding the good dog –you can help someone reclaim his or her life. The rest of this Guide is a Directory of resources to help do just that.

If you want to learn more about this approach, see *Motivational Interviewing, Second Edition: Preparing People for Change*⁵ by William R. Miller, Stephen Rollnick .

⁵ *Motivational Interviewing, Second Edition: Preparing People for Change (Hardcover)* by William R. Miller (Author), Stephen Rollnick, 2002, The Guilford Press, New York. Additional materials are at www.motivationalinterview.org/

Recovery Resources in DC

Detailed Alphabetic List

Addiction Prevention and Recovery Administration

1300 First Street, NE, Third Floor
Washington, DC 20002
Telephone: 202-727-8857
Website: www.dc.doh.gov
Parent Organization: DC Department of Health
Target Clients: Policymakers
Services: Certification, Funding, Treatment

Advocates for Recovery Through Medicine

P.O. Box 2637
Washington, DC 20001
Telephone: 202-246-6850
Email: dcreardon@aol.com
Target Clients: People in Recovery
Services: Advocacy

Al-Anon/Alateen - DC

c/o McKendree-Simms-Brookland Methodist Church
2421 Lawrence St ne, Rm 309
Washington, DC 20018
Telephone: 202-635-2023
Email: info@al-anon-alateen-dcmd.org
Website: www.al-anon-alateen-dcmd.org
Parent Organization: Al Anon Family Groups
Target Clients: Families
Services: Peer Support
Payment: Free

Alcohol Policies Project

1875 Connecticut Avenue, NW - Suite 300
Washington, DC 20009-5728
Telephone: 202-332-9110
Fax: 202-265-4954
Website: www.cspinet.org/booze
Parent Organization: Center for Science in the Public Interest
Target Clients: Policymakers
Services: Policy Research and Planning, Advocacy, Publishing and Networking

Alcoholic Beverage Control Board

941 North Capitol Street NE - Suite 7200
Washington, DC 20002
Telephone: 202-442-4423
Parent Organization: DC Government
Services: Regulation, Enforcement
Payment: Fees and Penalties

Alcoholic Beverage Regulation Administration

941 North Capitol Street NE - Suite 7200
Washington, DC 20002
Telephone: 202-442-4423
Parent Organization: DC Government
Target Clients: Alcohol sellers
Services: Enforcement, Certification, Publishing and Networking
Payment: License Fees, Fines

Alcoholics Anonymous - DC

4530 Connecticut Ave., NW Suite 111
Washington, DC 20008
Telephone: 202-966-9115
Email: aa-DC@Starpower.net
Website: www.aa-dc.org
Parent Organization: Alcoholics Anonymous
Target Clients: People in Recovery
Services: Peer Support, Publishing and Networking
Payment: Free

American Society of Addiction Medicine

4601 N. Park Avenue, Upper Arcade #101
Chevy Chase, MD 20815
Telephone: 301-656-3920
Fax: 301-656-3815
Email: email@asam.org
Website: www.asam.org
Target Clients: AODD Professionals
Services: Peer Support, Advocacy, Counselor Training, Accreditation

Anacostia Young People's Club

1215 Good Hope Road, SE
Washington, DC 20020
Telephone: 202-678-6696
Target Clients: People in Recovery
Services: Peer Support

Andromeda

3601 14th Street, NW
Washington, DC 20011
Telephone: 202-291-4707
Fax: 202-291-7324
Website: www.andromedahealthcenter.org/
Parent Organization: Andromeda Transcultural Health
Target Clients: All, Latino
Services: Outpatient, Co-occurring Mental Health, Co-occurring HIV/AIDS, Job Training
Accreditation: APRA
Payment: Choice, Medicare-Medicaid

APRA Continuing Care

1300 First Street NE
Washington, DC 20002
Telephone: 202-535-1242
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: All
Services: Aftercare, Job Counselling
Payment: Sliding Scale

APRA Detox Center

1905 E Street SE
Building 13 (DC General Hospital)
Washington, DC 20003
Telephone: (202) 698-6080
Email: Charles.hall@dc.gov
Website: www.dc.doh.gov
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: All
Services: Detoxification
Accreditation: APRA, CARF
Payment: Free

APRA Model Treatment Program

1300 First Street, NE - Second Floor
Washington, DC 20002
Telephone: 202-727-6916
Email: tyrone.patterson@dc.gov
Website: www.doh.dc.gov

Target Clients: All
Services: Outpatient, Narcotic-Opioid Treatment
Accreditation: APRA
Payment: Choice

APRA Office of Certification and Regulation

33 N Street, NE
Washington, DC 20002
Telephone: (202) 727-7560
Website: www.doh.dc.gov
Parent Organization: DC Department of Health
Target Clients: AODD Professionals
Services: Accreditation

APRA Office of Prevention and Youth Services

3720 Martin Luther King, Jr. Avenue, SE,
Washington, DC 20032
Telephone: (202) 645-0344
Website: www.doh.dc.gov
Parent Organization: DC Department of Health
Target Clients: Youth 12-21
Services: Assessment & Referral
Target Clients: All
Services: Prevention Education and Programs
Accreditation: APRA, CARF
Payment: Free

APRA Women's Services Center

1905 E Street SE
Building 12 (DC General Hospital)
Washington, DC 20003
Telephone: (202) 698-6080
Website: www.dc.doh.gov
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: Women
Services: Outpatient, Narcotic-Opioid Treatment
Accreditation: APRA, CARF
Payment: Free

Army Substance Abuse Program

MCAT-DPC-CCC
6825 16th Street, NW/Building 6 2nd Fl
Washington, DC
Telephone: 202-782-3969
Website: www.wramc.amedd.army.mil
Parent Organization: Walter Reed Army Medical Center
Services: Outpatient
Payment: Military Insurance, Private Insurance

Assessment and Orientation Center (AOC) Program (CSOSA)

633 Indiana Avenue, NW (CSOSA HQ)
Washington, DC 20004-2902

Telephone: 202-220-5300

Website: www.csosa.gov

Parent Organization: Court Services and Offender Supervision Agency

Target Clients: Criminal Justice

Services: Screening and Assessment, Referral

Assessment and Referral Center (ARC) (APRA)

13 First Street, NE
Washington, DC 20001

Telephone: 202-727-8473

Parent Organization: Addiction Prevention and Recovery Administration

Target Clients: All

Services: Screening and Assessment, Referral

Accreditation: APRA, CARF

Better Way Program

4601 Sheriff Road, NE
Washington, DC 20019

Telephone: 202-396-4290

Email: t.thebetterway@verizon.net

Website: www.thebetterwayprogram.org

Parent Organization: Pilgrim Rest Baptist Church

Target Clients: Adults

Services: Outpatient

Betty Ford Alumni

Saint David's Episcopal Church (basement)
5150 Macomb Street, NW
Washington, DC 20016

Email: alumdept@bettyfordcenter.org

Website:

www.bettyfordcenter.org/alumni/index.php

Parent Organization: Betty Ford Center

Target Clients: Alumni

Services: Peer Support

Bridge Back Center

4800 Arkansas Avenue
Washington, DC

Telephone: 202-797-3500

Fax: 202-829-8705

Email: cvoss@wwc.org

Website: www.wwc.org

Parent Organization: Whitman-Walker Clinic

Target Clients: Adults

Services: Long-term Residential

Accreditation: APRA

Payment: Choice, Medicare-Medicaid, Sliding Scale, Credit Card

Buprenorphine Physician Locator

Website:

http://buprenorphine.samhsa.gov/bwns_locator

Parent Organization: Substance Abuse & Mental Health Services Administration

Payment: Free

Carnevale Associates

P.O. Box 84085

Gaithersburg, MD 20883

Telephone: 301-977-3600

Fax: 301-977-0280

Email: nfo@carnevaleassociates.com

Website: www.carnevaleassociates.com/

Target Clients: Policymakers

Services: Professional Services, Policy Research and Planning

Caron Alumni

C/O Ruth Riddick

Telephone: 202-365-1330

Email: riddickr@aol.com

Website: www.caron.org/alumni-events.asp?section=alumni

Parent Organization: Caron Foundation

Target Clients: Alumni

Services: Peer Support

Cataadah House

802 Rhode Island Avenue, NE
Washington, DC 20018

Telephone: 202-832-8336

Fax: 202-832-4759

Email: jshephard@gmchc.org

Website: www.gmchc.org

Parent Organization: Greater Mount Calvary Holy Church

Target Clients: Men, Criminal Justice, People with HIV/AIDS

Services: Outpatient, Aftercare

Accreditation: APRA

Payment: Choice

Center for Drug Abuse Research

2900 Van Ness Street, N.W. - Suite 400

Washington, DC 20008
Telephone: 202-806-8600
Fax: 202-537-3806
Website:
www.howard.edu/schooleducation/Programs/CDAR.htm
Parent Organization: Howard University
School of Education
Target Clients: African American,
Policymakers, Policymakers, Criminal Justice
Services: Policy Research and Planning

Center for Substance Abuse Prevention

1 Choke Cherry Road
Rockville, MD 20857
Telephone: 240-276-2420
Fax: 240-276-2430
Website: <http://prevention.samhsa.gov/>
Parent Organization: US Substance Abuse and
Mental Health Services Administration
Target Clients: All
Services: Prevention

Center for Substance Abuse Research

4321 Hartwick Road - Suite 501
College Park, MD 20740
Telephone: 301-405-9770
Fax: 301-403-8342
Website: www.cesar.umd.edu/
Parent Organization: University of Maryland
Target Clients: Policymakers
Services: Policy Research and Planning,
Advocacy, Publishing and Networking
Payment: Free

Center for Substance Abuse Treatment

1 Choke Cherry Road
Rockville, MD 20857
Telephone: 240-276-1660
Fax: 240-276-1670
Parent Organization: Substance Abuse and
Mental Health Services Administration

Center on Alcohol Marketing and Youth

Box 571444
3300 Whitehaven Street, NW - Suite 5000
Washington, DC 20057-1485
Telephone: 202-687-1019
Email: info@CAMY.org

Website: www.CAMY.org
Parent Organization: Georgetown University
Health Policy Institute
Target Clients: Policymakers, AODD
Professionals
Services: Policy Research and Planning,
Advocacy

Central East Addiction Technology Transfer Centers

8737 Colesville Road - Suite 300
Silver Spring, MD 20910-3921
Telephone: 240-645-1145
Fax: 301-565-3390
Email: info@ceattc.org
Website: www.ceattc.org/
Parent Organization: Addiction Technology
Transfer Centers
Target Clients: AODD Professionals
Services: Publishing and Networking

Central Union Mission

1350 R Street, NW
Washington, DC 20009
Telephone: 202-745-7118
Fax: 202-232-7072
Email: help@missiondc.org
Website: www.missiondc.org
Target Clients: Homeless, Men
Services: Emergency Housing

Century Council

1310 G Street, NW - Suite 600
Washington, DC 20005
Telephone: 202-637-007
Fax: 202-637-0079
Email: moulstone@centurycouncil.org
Website: <http://centurycouncil.org/>
Parent Organization: Distilling Industry
Target Clients: Policymakers
Services: Advocacy, Publishing and Networking

Christ House

1717 Columbia Road, NW
Washington, DC 20009
Telephone: 202-328-1100
Fax: 202-232-4972
Email: administration@christhouse.org
Website: www.christhouse.org/index.html
Target Clients: Homeless
Services: Healthcare, Long-term Residential
Payment: Free

Clean and Sober Streets

P.O. Box 77114
425 second Street, NW
Washington, DC 20001
Telephone: 202-783-7343
Fax: 202-628-1183
Email: dchank@msn.com
Parent Organization: Community for Creative Non-Violence
Target Clients: Homeless
Services: Detoxification, Basic Residential, Long-term Residential, Housing - Transitional
Payment: Choice

Cocaine Anonymous

Telephone: 202-726-1717
Website: www.tradition5.org/wmdvaca/

Columbia Road Health Services

1660 Columbia Road, NW
Washington, DC 20009
Telephone: 202-328-3717
Fax: 202-588-8101
Email: development@crhs.org
Website: www.crhs.org/index.html
Services: Healthcare
Accreditation: FQHC
Payment: Sliding Scale

Community Action Group

16 17th Street, NE
Washington, DC 20002
Telephone: 202-543-4558
Fax: 202-543-4579
Email: hgordon@communityactiongroup.org
Website: www.communityactiongroup.org
Parent Organization: Holy Comforter- St Cyprian Roman Catholic Church
Target Clients: Men
Services: Long-term Residential
Accreditation: APRA
Payment: Choice, Free

Community Action Group - Family Court Pilot Treatment Program

3323 13th Street, NE
Washington, DC 20032
Telephone: 202-543-4558
Fax: 202-543-4579
Email: hgordon@communityactiongroup.org

Parent Organization: Holy Comforter - St Cyprian Roman Catholic Church
Target Clients: Women with Dependents
Services: Long-term Residential
Accreditation: APRA
Payment: Choice

Community Action Group - Women's Residential Program

3321 13th Street, NE
Washington, DC 20032
Telephone: 202-543-4558
Fax: 202-543-4579
Email: hgordon@communityactiongroup.org
Parent Organization: Holy Comforter - St Cyprian Roman Catholic Church
Target Clients: Women
Services: Long-term Residential
Accreditation: APRA
Payment: Choice, Free

Community Anti-Drug Coalitions of America

625 Slaters Lane - Suite 300
Alexandria, VA 22314
Telephone: 1-800-54-CADCA
Fax: 703-706-0565
Website: WWW.cadca.org
Target Clients: AODD Professionals
Services: Peer Support, Counselor Training, Publishing and Networking, Policy Research and Planning

Community Integrated Treatment for Youths

34 O Street, NW
Washington, DC 20001
Telephone: 202-675-8315
Email: info@ibcrhealth.org
Website: www.ibcrhealth.org
Parent Organization: Institute for Behavioral Change and Research
Target Clients: Adolescents
Services: Intensive Day Treatment
Accreditation: APRA

Concerned Citizens on Alcohol and Drug Abuse

4017 Minnesota Avenue, NE
Washington, DC 20032
Telephone: 202-563-3209
Fax: 202-562-8016

Email: CharlesWAvery@Yahoo.com
Target Clients: Adults, Criminal Justice
Services: Outpatient
Accreditation: APRA
Payment: Choice

Concerned Citizens on Alcohol and Drug Abuse

601 Raleigh Place, SE
Washington, DC 20032
Telephone: 202-574-2480
Email: Charleswavery@yahoo.com
Target Clients: Pregnant and Post-Partum Women, Homeless
Services: Outpatient
Accreditation: APRA
Payment: Choice

Crystal Meth Anonymous - Local Meetings

Telephone: 213-488-4455
Parent Organization: Crystal Meth Anonymous
Target Clients: People in Recovery
Services: Peer Support
Payment: Free

CSAP Division of Workplace Programs

1 Choke Cherry Road
Rockville, MD 20857
Website: <http://workplace.samhsa.gov/>
Parent Organization: Substance Abuse & Mental Health Services Administration
Target Clients: Professional Group
Services: Policy Research and Planning, Publishing and Networking

CSOSA Reentry and Sanctions Center

Karrick Hall
DC General Hospital grounds
Washington, DC
Parent Organization: Court Services and Offender Supervision Agency
Services: Job Counselling, Screening and Assessment, Referral

CSOSA Substance Abuse and Treatment Branch

633 Indiana Avenue, NW
Washington, DC 20004-2902
Telephone: 202-220-5300
Target Clients: DWI/DUI Offenders

Services: Screening and Assessment, Referral

Danya Institute

8737 Colesville Road - Suite 300
Silver Spring, MD
Telephone: 240-645-1145
Fax: 301-565-3390
Website: www.danyainstitute.org
Target Clients: AODD Professionals
Services: Counselor Training

Danya International, Inc.

8737 Colesville Road - Suite 1200
Silver Spring, MD 20910
Telephone: (301) 565-2142
Fax: (301) 565-3710
Email: info@danya.com
Website: www.danya.com
Target Clients: AODD Professionals
Services: Professional Services, Policy Research and Planning, Counselor Training

DC Addictive Disorder Service Providers Consortium, Inc.

Psychiatric Institute
4228 Wisconsin Avenue, NW
Washington, DC 20016
Telephone: 202-939-7656
Services: Peer Support, Association, Advocacy

D.C. Crystal Meth Working Group

Telephone: 202-939-7690
Email: wwas@wvc.org
Website: www.letstalkaboutmeth.org/
Parent Organization: Whitman-Walker Clinic
Target Clients: Past and Current meth users
Services: Peer Support, Advocacy, Publishing and Networking

DC Epidemiological WorkGroup

c/o CESAR
4321 Hartwick Road - Suite 501
College Park, MD 20740
Telephone: 301-405-9770
Fax: 301-403-8342
Email: DCEW@LISTSeRV.UMD.EDU
Website: www.cesar.umd.edu/cesar/whatsnew.asp
Parent Organization: SAMHSA - CSAT
Target Clients: Policymakers
Services: Policy Research and Planning, Publishing and Networking

DC Recovery Community Alliance

613 Second Street, NE
Washington, DC 20002
Telephone: 202-662-7104
Email: Recovery@RecoveryWorks.org
Target Clients: Policymakers, Families and Friends
Services: Advocacy, Training, Peer Support
Payment: Dues are \$12.00 per year

DEA Washington Division

800 K Street, N.W. - Suite 500
Washington, DC 20001
Telephone: 202-305-8500
Website:
www.usdoj.gov/dea/contactus/wdo_contact.html
Parent Organization: Drug Enforcement Administration
Target Clients: All
Services: Enforcement

DEA Washington Division - Prevention Coordinator

800 K Street, N.W. - Suite 500
Washington, DC 20001
Telephone: 202-305-8639
Parent Organization: Drug Enforcement Administration
Target Clients: All
Services: Prevention

Drug Court Clearinghouse

Brandywine Building - Suite 100
4400 Massachusetts Avenue, NW
Washington, DC 20016
Telephone: 202-885-2875
Fax: 202-885-2885
Email: justice@american.edu
Website:
<http://spa.american.edu/justice/project.php?ID=1>
Parent Organization: American University Justice Programs Office
Target Clients: Policymakers, Criminal Justice
Services: Policy Research and Planning, Publishing and Networking

Drug Policy Alliance - DC Office

925 15th Street, NW, 2nd Floor
Washington, DC 20005
Telephone: 202-216-0035
Fax: 202-216-080

Email: dc@drugpolicy.org
Website: www.drugpolicy.org
Parent Organization: Drug Policy Alliance
Target Clients: Policymakers
Services: Advocacy

Drug Strategies

1616 P Street, NW - Suite 220
Washington, DC 20036
Telephone: 202-289-9070
Email: dspolicy@aol.com
Website: www.drugstrategies.org/
Target Clients: Policymakers
Services: Policy Research and Planning, Advocacy, Publishing and Networking

Dupont Circle Club

1623 Connecticut Avenue, NW
(above the record store)
Washington, DC 20009
Telephone: 202- 234-7837
Email: info@dupontcircleclub.org
Website: www.dupontcircleclub.org
Services: Peer Support, Celebration, Club

Echelon Community

302 V Street, NE
Washington, DC
Telephone: 202-636-9200
Target Clients: People with Mental Health Disorders
Services: Mental Health
Accreditation: DMH

Employee Assistance Professional Association - DC

P.O. Box 989
Washington, DC 20044
Email: dceapachapter@yahoo.com
Website: www.eapassn.org/public/pages/index.cfm?pageid=1
Parent Organization: Employee Assistance Professional Association
Target Clients: AODD Professionals
Services: Association
Payment: Dues and Fees

Ensuring Solutions to Alcohol Problems

George Washington University
2021 K Street, NW - Suite 800
Washington, DC 20006

Telephone: 202-296-6922
Fax: 202-296-0025
Email: info@ensuringsolutions.org
Website: www.ensuringsolutions.org
Parent Organization: George Washington University Medical Center
Target Clients: All, AODD Professionals
Services: Policy Research and Planning, Advocacy, Counselor Training

Executive Addictive Disease Program Inc

4335 Wisconsin Avenue, NW
Washington, DC 20016
Telephone: 202-362-2588
Fax: 202-966-4214
Email: dan@eadp.net
Website: www.eadp.net
Target Clients: Professional Group
Services: Outpatient
Accreditation: APRA
Payment: Private Insurance Self-pay

Faces and Voices of Recovery

1010 Vermont Avenue #708
Washington, DC 20005
Telephone: 202-737-0690
Fax: 202-737-0695
Website: www.facesandvoices.org
Target Clients: All
Services: Advocacy, Training, Policy Research, Peer Support

Family and Medical Counseling Service

2041 Martin Luther King Avenue, SE - Suite M-2
Washington, DC 20020
Telephone: 202-889-7900
Fax: 202-889-7900
Email: shamilton@fmsinc.org
Website: www.fmsinc.org
Target Clients: Adults, DWI/DUI Offenders
Services: Outpatient
Accreditation: APRA
Payment: Sliding Scale, Medicare-Medicaid, Cash

Father Martin's Ashley Alumni

Delray Club
700 Pearl St
Bethesda, MD

Email: ashley.alumni@fmashley.com
Website: www.fathermartinsashley.com
Parent Organization: Father Martin's Ashley
Target Clients: Alumni
Services: Peer Support

Federal City Recovery Services - Bellevue Street

920 Bellevue Street, SE
Washington, DC 20013
Telephone: 202-562-4939
Fax: 202-628-1183
Email: dchank@msn.com
Target Clients: Women with Dependents, People with HIV/AIDS, People with HIV/AIDS
Services: Housing - Transitional, Basic Residential, Long-term Residential
Accreditation: APRA
Payment: Choice

Fulton House of Hope

810 5th Street, NW
Washington, DC 20001
Telephone: 202-682-1190
Fax: 202-682-2133
Email: Judy@grm.org
Website: www.grm.org
Parent Organization: Gospel Rescue Ministries
Target Clients: Women, People with Mental Health Disorders
Services: Long-term Residential, Housing - Transitional
Accreditation: APRA
Payment: Choice

Good Hope Institute

1320 Good Hope Road, SE
Washington, DC 20020
Telephone: 202-610-1886
Fax: 202-610-1887
Email: dsatterwhi@aol.com
Services: Outpatient, Methadone Maintenance, Narcotic-Opioid Treatment
Accreditation: APRA
Payment: Choice Self-pay, Private Insurance

Harbor Light Center

2100 New York Avenue, NE
Washington, DC 20002
Telephone: 202-269-6333x226
Fax: 202-269-2261

Email:
douglas.browning@uss.salvationarmy.org
Website: www.salarmydc.org/
Parent Organization: Salvation Army
Target Clients: Homeless, Criminal Justice
Services: Basic Residential, Long-term Residential
Accreditation: APRA
Payment: Choice, Free

Hazelden Alumni

The Pines of Rome
4709 Hampden Lane
Bethesda, MD
Telephone: 202-462-1821
Email: alumni@hazelden.org
Website:
www.hazelden.org/web/public/alumni.page
Parent Organization: Hazelden Foundation
Target Clients: Alumni
Services: Peer Support

Hillcrest Children's Center

1325 W Street, NW - 3rd Floor
Washington, DC 20009
Telephone: 202-232-6100
Fax: 202-483-4560
Email: hcc.mentalhealth@verizon.net
Target Clients: Adolescents, DWI/DUI Offenders, Adolescents
Services: Outpatient, Intensive Day Treatment
Accreditation: APRA
Payment: Private Insurance, Medicare-Medicaid

Howard University Hospital

2041 Georgia Avenue, NW
Washington, DC 20060
Telephone: 202-865-6625
Parent Organization: Howard University
Target Clients: All
Services: Healthcare

Johnson Institute

613 Second Street, NE
Washington, DC 20002
Telephone: 202-662-7104
Email: info@johnsoninstitute.org
Website: www.johnsoninstitute.org
Target Clients: All, Policymakers
Services: Advocacy, Training, Publishing and Networking

Joint Commission on Accreditation of Healthcare Organizations

One Renaissance Blvd.
Oakbrook Terrace, IL 60181
Telephone: 630-792-5000
Website: www.jointcommission.org
Services: Accreditation

Kolmac Clinic

1411 K Street, NW - Suite 703
Washington, DC 20005
Telephone: 202-638-1992
Email: gkolodner@kolmac.com
Website: www.kolmac.com
Target Clients: Adults
Services: Intensive Day Treatment
Accreditation: APRA
Payment: Choice

La Clinica del Pueblo

2831 15th Street, NW
Washington, DC 20009
Telephone: 202-462-4788
Website: lcdp.org
Target Clients: Latino
Services: Healthcare, Outpatient
Accreditation: APRA
Payment: Free, Choice

Lambda Center

4228 Wisconsin Avenue, NW
Washington, DC 20016
Telephone: 202-885-5795
Fax: 202-885-5797
Website:
www.psychinstitute.com/services/lambda.html
Parent Organization: Psychiatric Institute of Washington
Target Clients: GLBT, People with HIV/AIDS
Services: Detoxification, Outpatient, Intensive Day Treatment, Methadone Maintenance, Inpatient
Accreditation: APRA
Payment: Choice

Lawyer Assistance Program

1250 H Street, NW, 6th Floor
Washington, DC 20005
Telephone: 202-347-3131
Email: dperme@dcbbar.org
Website: www.dcbbar.org/
Parent Organization: DC Bar Association

Target Clients: Lawyers, Judges, Law Students
Services: Policy Research and Planning, Peer Support, Screening and Assessment

LAYC Substance Abuse Program

1419 Columbia Road, NW
Washington, DC 20009
Telephone: 202-319-2225
Email: carlos@LAYC.org
Website: www.layc-dc.org
Parent Organization: Latin American Youth Center
Target Clients: Adolescents
Services: Outpatient
Accreditation: APRA
Payment: Choice, Medicare-Medicaid

Legal Action Center - Washington Office

236 Massachusetts Avenue NE - Suite 505
Washington, DC 20002
Telephone: 202-544-5478
Fax: 202-544-5712
Website: www.lac-dc.org
Parent Organization: Legal Action Center
Target Clients: All, Criminal Justice
Services: Publishing and Networking, Legal Representation, Advocacy

Max Robinson Center

2301 Martin Luther King Jr Avenue, SE
Washington, DC 20020
Telephone: 202-678-8877
Fax: 202-601-2691
Website:
www.wwc.org/regional_centers/max_robinson.html
Parent Organization: Whitman-Walker Clinic
Target Clients: GLBT
Services: Outpatient
Accreditation: APRA
Payment: Choice, Medicare-Medicaid, Credit Card, Private Insurance

McClendon Center

1313 new York Avenue
Washington, DC 20005
Telephone: 202-737-6191
Fax: 202-737-2316
Email: info@mcclendoncenter.org
Website: www.mcclendoncenter.org/

Target Clients: People with Mental Health Disorders
Services: Mental Health
Accreditation: JCAHO

McFarland & Associates

8601 Georgia Avenue - Suite 601
Silver Spring, Md 20910
Telephone: (301) 589 - 0780
Fax: (301) 589 - 2567
Email: gmcfarland@mcfarlandassociate.com
Website: www.mcfarlandwired.com/
Target Clients: All, Policymakers
Services: Professional Services, Policy Research and Planning, Information Technology

Mental Health and Substance Abuse Hotline

Telephone: 888-7WE-HELP
Parent Organization: DC Department of Health
Target Clients: All
Services: Publishing and Networking

Mental Health Substance Abuse Program

2831 15th Street, NW
Washington, DC 20009
Telephone: 202-462-4788x241
Email: lzimmerman@LCDP.org
Website: www.lcdp.org
Parent Organization: La Clinica del Pueblo Inc
Target Clients: Adults, DWI/DUI Offenders, People with HIV/AIDS
Services: Outpatient
Accreditation: APRA
Payment: Choice, Medicare-Medicaid

Methadone Treatment Center Locator

Website: <http://dpt.samhsa.gov/choosestate.asp>
Parent Organization: Substance Abuse & Mental Health Services Administration
Target Clients: All
Services: Publishing and Networking
Payment: Free

Model Treatment Program

1300 1st Street, NE
Washington, DC 20002
Telephone: 202-727-6916
Email: tyrone.patterson@dc.gov
Website: www.doh.dc.gov

Parent Organization: Addiction Prevention and Recovery Administration
Services: Detoxification, Outpatient, Methadone Maintenance
Accreditation: APRA, CARF
Payment: Choice, Cash, Sliding Scale

Narcotics Anonymous - Cheapeake and Potomac Region

CPRSC
PO Box 8160
Silver Spring, MD 20907
Telephone: 202-399-5316
Email: webservant@cprna.org
Website:
www.cprna.org/rcana/rcana_index.html
Parent Organization: Narcotics Anonymous
Services: Peer Support

National African American Drug Policy Coalition

900 Van ness Street, N.W
Holy Cross Hall - Room 400
Washington, DC 20008
Telephone: 202-806-8600
Fax: 202-537-3806
Email: info@naadpc.org
Website: <http://naadpc.org>
Target Clients: Policymakers, African American, Criminal Justice
Services: Advocacy, Policy Research and Planning, Publishing and Networking

National Alliance of Advocates for Buprenorphine Treatment

Washington, DC
Website: www.naabt.org
Target Clients: AODD Professionals
Services: Peer Support, Publishing and Networking

National Association of Alcohol and Drug Abuse Counselors

1001 N. Fairfax Street - Suite 201
Alexandria, VA 22314
Telephone: 800-548-0497
Fax: 800-377-1136
Website: www.naadac.org/
Target Clients: AODD Professionals
Services: Peer Support, Accreditation, Counselor Training, Publishing and Networking, Advocacy

National Association of Children of Alcoholics

11426 Rockville Pike - Suite 301
Rockville, MD 20852
Telephone: 301-468-0985
Fax: 301-468-0987
Email: nacoa@nacoa.org
Website: www.nacoa.org
Target Clients: All
Services: Recovery Ministry, Peer Support, Publishing and Networking

National Association of State Alcohol and Drug Abuse Directors

1025 Connecticut Avenue, NW - Suite 605
Washington, DC 20036
Telephone: 202-293-0090
Fax: 202-293-1250
Email: dcoffice@nasadad.org
Website: www.nasadad.org/
Target Clients: AODD Professionals
Services: Policy Research and Planning, Publishing and Networking

National Clearinghouse for Alcohol and Drug Information (NCADI)

Telephone: 1-800-729-6686
Email: See website
Website: <http://ncadi.samhsa.gov/>
Parent Organization: Substance Abuse & Mental Health Services Administration
Services: Publishing and Networking

National Council on Alcoholism and Drug Dependence, Inc.

244 East 58th Street 4th Floor
New York, NY 10022
Telephone: 212-269-7797
Fax: 212-269-7510
Email: national@ncadd.org
Website: www.ncadd.org
Target Clients: AODD Professionals
Services: Peer Support, Publishing and Networking

National Organization on Fetal Alcohol Syndrome

900 17th Street, NW - Suite 910
Washington, DC 20006
Telephone: 202-785-4585

Fax: 202-466-6456
Website: www.nofas.org
Services: Peer Support, Policy Research and Planning, Publishing and Networking

National Treatment Locator

Telephone: (800) 662-HELP (4357)
Website: www.findtreatment.samhsa.gov
Parent Organization: Substance Abuse & Mental Health Services Administration
Services: Publishing and Networking

Navy Substance Abuse and Rehabilitation Program

National Naval Medical Center - Building 7
8901 Rockville Pike
Bethesda, MD 20889-5600
Telephone: 301-295-0500
Email: See "Contact" on website
Website: www.bethesda.med.navy.mil
Parent Organization: US Navy
Target Clients: Active Military
Services: Outpatient, Referral, Screening and Assessment

Neighbors' Consejo Inpatient Substance Abuse Services

3120 16th Street, NW
Washington, DC 20010
Telephone: 202-234-6855
Email: info@neighborsconsejo.org
Website: www.neighborsconsejo.org
Parent Organization: neighbors Consejo
Target Clients: Homeless, Men, People with Mental Health Disorders
Services: Long-term Residential, Job Counselling, Job Placement, Mental Health, Housing Counselling
Accreditation: APRA
Payment: Choice, Free

Neighbors' Consejo Outpatient Treatment

3118 16th Street, NW
Washington, DC 20010
Telephone: 202-234-6855
Fax: 202-234-4863
Email: info@neighborsconsejo.org
Website: www.neighborsconsejo.org
Target Clients: Latino

Services: Intensive Day Treatment, Job Counselling, Job Placement, Mental Health, Housing Counselling
Accreditation: APRA
Payment: Choice, Free

Next Step

2112 F Street, NW - Suite 404
Washington, DC 20037
Telephone: 202-296-4422
Fax: 202-296-5485
Email: ledmunds@smhdc.org
Parent Organization: Foundation for Contemporary Mental Health
Target Clients: Adults, People with HIV/AIDS, People with Mental Health Disorders
Services: Outpatient, Counselor Training
Accreditation: APRA
Payment: Choice

NIH Treatment Program

9000 Rockville Pike
Bethesda, MD 20892
Telephone: 301-496-1993
Parent Organization: National Institute on Alcoholism and Alcohol Abuse
Target Clients: All
Services: Inpatient
Payment: Free

Office of Applied Studies

Website: www.oas.samhsa.gov/
Parent Organization: Substance Abuse and Mental Health Services Administration
Target Clients: Policymakers
Services: Policy Research and Planning

Office of National Drug Control Policy

Washington, DC
Website: www.whitehousedrugpolicy.gov
Parent Organization: Office of the President
Target Clients: Policymakers
Services: Policy Research and Planning, Publishing and Networking

Office of Prevention and Youth Services

3720 Martin Luther King, Jr. Avenue, SE,
Washington, DC 20032
Telephone: (202) 645-0344

Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: Adolescents
Services: Advocacy, Prevention

Office of Quality Assurance & Improvement

Washington, DC
Telephone: 202-535-1851
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: AODD Professionals
Services: Counselor Training

Office of Special Population Services

825 North Capitol St NE - Third Floor
Washington, DC
Telephone: 202-727-8757
Website: www.dchealth.dc.gov
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: GLBT, Seniors, Asian American
Services: Advocacy, Screening and Assessment, Intervention, Social Marketing

Office of Women's Services

825 North Capitol Street, NE
Washington, DC
Telephone: 202-535-1996
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: Women with Dependents
Services: Outpatient, Methadone Maintenance, Aftercare, Long-term Residential, Inpatient

Oficina Intergrupala Hispana de Washington D.C.

P.O. Box 3313
1470 Irving Street, NW, 2nd Floor
Washington, DC 20010
Telephone: 202 234-3719
Target Clients: Latino
Services: Peer Support

Outpatient Behavioral Health Services

216 Michigan Avenue NE - 2nd Floor
Washington, DC 20017
Telephone: 202-877-6333
Fax: 202-387-3135
Website:
www.whcenter.org/body.cfm?id=555649

Parent Organization: Washington Hospital Center
Target Clients: Seniors, Criminal Justice
Services: Outpatient, Intensive Day Treatment, Inpatient
Accreditation: APRA
Payment: Cash, Medicare-Medicaid

Oxford House - Bellevue Terrace

2934 Bellevue Terrace, NW
Washington, DC 20016
Telephone: 202-965-3110
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Brownstone

1228 M Street, NW
Washington, DC 20001
Telephone: 202-393-1352
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - C Street

5023 C Street, SE
Washington, DC 20019
Telephone: 202-575-6227
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Deanwood

1061 48th Place, NE
Washington, DC 20019
Telephone: 202-388-0389
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Delafield

1319 Delafield Place, NW
Washington, DC 20011
Telephone: 202-723-3726
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Fernway

1387 Locust Road, NW
Washington, DC 20012
Telephone: 202-829-2643
Parent Organization: Oxford House
Target Clients: Women
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Foote Street

5609 Foote Street, NE
Washington, DC 20019
Telephone: 202-388-1455
Parent Organization: Oxford House
Target Clients: Women
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Fourth Street

4310 4th Street, NW
Washington, DC 20011
Telephone: 202-723-1263
Parent Organization: Oxford House
Target Clients: Women
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Garrison

4312 Garrison Street, NW
Washington, DC 20016
Telephone: 202-250-5208
Parent Organization: Oxford House
Target Clients: Men
Payment: Self-pay

Oxford House - Good Hope

1616 Good Hope Road, SE
Washington, DC 20030
Telephone: 202-610-4608
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Joseph Smith

4609 Benning Road, NE
Washington, DC 20019
Telephone: 202-582-4763
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support

Payment: Self-pay

Oxford House - Kalorama

1318 Delafield Place, NW
Washington, DC 20011
Telephone: 202-723-1710
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Lincoln Park

1843 Monroe Street, NE
Washington, DC 20018
Telephone: 202-249-2698
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Military Road

3820 Military Road, NW
Washington, DC 20015
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Nineteenth Street, NW

1238 Harvard Street, NW
Washington, DC 20009
Telephone: 202-387-1564
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Northampton

3765 Northampton Street, NW
Washington, DC 20015
Telephone: 202-237-0989
Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - R Street

45 new York Avenue, NW
Washington, DC
Telephone: 202-462-7192
Parent Organization: Oxford House

Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House -, Second Street

1314 Hamlin Street, NE
Washington, DC 20017
Telephone: 202-726-2425

Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House - Tenley

4335 Wisconsin Ave., NW
Washington, DC 20016
Telephone: 202-362-2588

Parent Organization: Oxford House
Target Clients: Men
Services: Housing - Transitional, Peer Support
Payment: Self-pay

Oxford House, Inc.

1010 Wayne Avenue - Suite 400
Silver Spring, MD 20910
Telephone: 301-587-2916
Fax: 301-589-0302

Email: info@oxfordhouse.org
Website: www.oxfordhouse.org
Target Clients: People in Recovery
Services: Peer Support, Policy Research and Planning, Publishing and Networking

Physician Health Program

Telephone: 202-558-3003
Website: www.msdc.org
Parent Organization: Medical Society of the District of Columbia
Target Clients: Doctors
Services: Screening and Assessment, Intervention, Monitoring

PI Non-hospital Detoxification Program

4228 Wisconsin Avenue, NW
Washington, DC 20016
Telephone: 202-885-5600
Email: coopiw-dc.org
Website: www.pi-dc.org
Parent Organization: Psychiatric Institute of Washington

Target Clients: Adolescents, GLBT, DWI/DUI Offenders
Services: Detoxification, Inpatient, Outpatient, Methadone Maintenance, Buprenorphine Maintenance
Accreditation: APRA
Payment: Choice, Medicare-Medicaid

PIDARC - Partners in Drug Abuse Rehabilitation and Counseling

2112 F Street, NW - Suite 102
Washington, DC
Telephone: 202-296-4455x3202
Email: bcrissman@FCMHDC.org
Target Clients: Adults, People with Mental Health Disorders
Services: Detoxification, Outpatient, Methadone Maintenance
Accreditation: APRA
Payment: Choice, Cash

PreventionWorks!

1407 S Street, NW
Washington, DC 20009
Telephone: 202-588-5580
Fax: 202-797-3553
Email: info@preventionworksdc.org
Website: www.preventionworksdc.org/
Target Clients: Injection Drug Users
Services: Prevention

Project Orion

Mobile Van
Telephone: 202-255-3469
Email: dwhite@unityhealthcare.org
Website: www.unityhealthcare.org/about_orion.htm
Parent Organization: Unity Health Care and APRA and FMCS
Target Clients: All
Services: Screening and Assessment, Lab Services
Payment: Free

RAP Residential Treatment Facility

1949 4th Street, NE
Washington, DC 20002
Telephone: 202-462-7500
Fax: 202-526-8916
Email: rapinc2@bellatlantic.net
Website: www.rapinc.org

Parent Organization: RAP Inc Regional Addiction Prevention
Target Clients: Adults, People with Mental Health Disorders, People with HIV/AIDS
Services: Basic Residential, Long-term Residential, Emergency Housing, Healthcare
Accreditation: APRA
Payment: Choice

RecoveryWorks

1652 Irving Street, NW - Suite 2
Washington, DC 20010
Telephone: 202-797-2388
Email: Recovery@RecoveryWorks.org
Website: www.RecoveryWorks.org
Target Clients: Policymakers, AODD Professionals
Services: Consulting, Advocacy, Policy Research, Social Marketing, Publishing and Networking

Reentry and Sanctions Center

Karrick Hall on the DC General Hospital Grounds
Washington, DC
Telephone: 202-442-1103
Parent Organization: Court Services and Offender Supervision Agency
Target Clients: Criminal Justice
Services: Screening and Assessment, Outpatient, Referral

Reeves Recovery Club

1403 V Street, NW
Washington, DC 20009
Telephone: 202-387-7212
Target Clients: People in Recovery
Services: Peer Support

Riverside Hospital/Acute Program

4460 MacArthur Boulevard, NW
Washington, DC 20007
Telephone: 202-333-9355
Fax: 202-333-2092
Website: www.riverside-dc.com
Parent Organization: Riverside Hospital
Target Clients: Adolescents, People with HIV/AIDS, GLBT
Services: Basic Residential, Detoxification, Outpatient, Intensive Day Treatment, Mental Health
Accreditation: APRA, DMH

Payment: Choice Self-pay, Private Insurance, Military Insurance

Rush Center - Faith Partners

2525 Wallingwood Dr. - Building 8, #804
Austin, TX 78746
Email: faithpartners@johnsoninstitute.org
Website: www.rushcenter.org/
Parent Organization: Johnson Institute
Target Clients: Families and Friends
Services: Recovery Ministry, Counselor Training, Publishing and Networking

Safe Haven - Sibley Plaza

1140 North Capitol Street, NW
Washington, DC 20002
Telephone: 202-589-1505
Fax: 202-589-1534
Email: apopeshom@comcaStreet.net
Target Clients: Adults
Services: Outpatient
Payment: Choice

Samaritan Inns - Housing

2523 14th Street, NW
Washington, DC 20009
Telephone: 202-667-8831
Fax: 202-667-8026
Website: www.samaritaninns.org/template/page.cfm?id=102
Parent Organization: Samaritan Inns
Services: Housing - Transitional

Samaritan Inns - Intensive Treatment Program

2523 14th Street, NW
Washington, DC 20009
Telephone: 202-667-8831
Fax: 202-667-8026
Website: www.samaritaninns.org
Target Clients: Homeless
Services: Basic Residential Treatment
Payment: Free

Second Genesis Residential

1320 Harvard Street, NW
Washington, DC 20009
Telephone: 202-222-0120
Fax: 202-222-0125
Website: www.secondgenesis.org
Parent Organization: Second Genesis, Inc.

Services: Long-term Residential
Accreditation: APRA
Payment: Choice, Private Insurance

Seton House - Inpatient

1053 Buchanan Street, NE
Washington, DC 20017
Telephone: 202-269-7667
Fax: 202-269-7290
Email: lhenry@provhosp.com
Website: www.provhosp.com
Parent Organization: Providence Hospital
Services: Long-term Residential, Detoxification
Accreditation: APRA
Payment: Choice

Seton House - Outpatient

1053 Buchanan Street, NE
Washington, DC 20017
Telephone: 202-269-7667
Fax: 202-269-7290
Email: lhenry@provhosp.org
Website: www.provhosp.org
Parent Organization: Providence Hospital
Target Clients: All
Services: Outpatient
Accreditation: APRA
Payment: Choice

So Others Might Eat Inc (SOME)

71 O Street, NW
Washington, DC
Telephone: 202-797-8806x1116
Fax: 202-265-0927
Email: rgerlach@some.org
Website: www.some.org
Parent Organization: So Others Might Eat Inc (SOME)
Target Clients: Homeless
Services: Outpatient, Long-term Residential, Job Training, Housing Support
Accreditation: APRA
Payment: Choice, Free

Substance Abuse & Mental Health Committee

777 North Capitol Street NE - Suite 300
Washington, DC
Telephone: 202-962-3200
Fax: 202-962-3201
Website: www.mwcog.org

Parent Organization: Metropolitan Washington Council of Governments
Target Clients: Policymakers
Services: Policy Research and Planning

Substance Abuse and Mental Health Services Administration

Office of the Administrator
1 Choke Cherry Road
Rockville, MD 20857
Telephone: 240-276-2000
Fax: 240-276-2010
Website: www.samhsa.gov/
Parent Organization: US Department of Health

Substance Abuse Awareness for, Seniors (SAAS) Program

825 North Capitol Street, NE
Washington, DC 20002
Telephone: 202-671-5000
Email: doh@dc.gov
Website: http://dchealth.dc.gov
Parent Organization: DC Addiction Prevention and Recovery Administration
Target Clients: Seniors

Transforming Lives Ministries

810 Fifth Street, NW
Washington, DC 20001
Telephone: 202-682-1190
Fax: 202-898-0285
Website: www.grm.org
Parent Organization: Gospel Rescue Ministries
Target Clients: Men
Services: Long-term Residential, Job Counselling, Housing Counselling, Job Training, Housing - Transitional
Accreditation: APRA
Payment: Choice

Triangle Club

2030 P Street, NW
or PO Box 65458
Washington, DC 20035
Telephone: 202 659-8641
Email: theclub@triangleclub.org
Website: www.triangleclub.org
Target Clients: GLBT
Services: Peer Support, Celebration, Club

Unity Health Care

3020 14th Street, NW - Suite 401

Washington, DC 20009
Telephone: 202-745-4300
Fax: 202-462-6128
Email: info@unityhealthcare.org
Website: www.unityhealthcare.org/
Target Clients: Homeless
Services: Healthcare

UPO Comprehensive Treatment Center

33 N Street, NE
Washington, DC 20002
Telephone: 202-535-1793
Fax: 202-442-4036
Email: info@upo.org
Website: www.upo.org
Parent Organization: United Planning Organization
Target Clients: People with Mental Health Disorders, Men, Women
Services: Detoxification, Methadone Maintenance, Outpatient, Narcotic-Opioid Treatment
Accreditation: APRA
Payment: Choice Self-pay

VA Substance Abuse Rehabilitation Program

50 Irving Street, NW 3-C North
Unit 116-A
Washington, DC 20422
Telephone: 202-745-8336
Website: www.washingtondc.va.gov/
Parent Organization: Department of Veterans Affairs
Target Clients: Veterans, People with HIV/AIDS
Services: Outpatient, Intensive Day Treatment
Payment: Sliding Scale

Veterans Department Hotline

Telephone: 1-800-273-TALK (8255)

Washington Regional Alcohol Program (WRAP)

1420 Spring Hill Road - Suite 250
McLean, VA 22102
Telephone: 703-893-0461
Fax: 703-893-0465
Email: wrap@wrap.org
Website: www.wrap.org
Target Clients: DWI/DUI Offenders

Services: Publishing and Networking, Policy Research and Planning

Washington, DC/Baltimore HIDTA

9001 Edmonston Road - Suite 300
Greenbelt, MD 20770
Telephone: 301-489-1700
Fax: 301-489-1660
Email: tcarr@wb.hidta.org
Services: Enforcement, Referral

Westside Club

1341 Wisconsin Avenue, NW
Washington, DC 20007
Telephone: 202-333-0218
Email: webmaster@westsideclub.org
Website: www.westsideclub.org
Services: Peer Support, Celebration, Club
Payment: Dues and donations

Whitman Walker Mental Health and Addiction Treatment Service

1701 14th Street, NW
Washington, DC 20009
Telephone: 202-797-3500
Fax: 202-939-7656
Email: wwas@wwc.org.
Website: wwc.org.
Parent Organization: Whitman-Walker Clinic
Target Clients: GLBT
Services: Outpatient, Housing - Transitional
Payment: Choice, Private Insurance, Credit Card, Medicare-Medicaid

Womens Services Center

1905 E Street, SE
Building 13
Washington, DC
Telephone: 202-698-3773
Fax: 202-727-0206
Email: deborah.hubb@dc.gov
Website: www.doh.dc.gov
Parent Organization: Addiction Prevention and Recovery Administration
Target Clients: Women, Seniors
Services: Outpatient, Buprenorphen Maintenance, Methadone Maintenance
Accreditation: APRA
Payment: Choice, Cash, Medicare-Medicaid, Private Insurance

Zacchaeus Free Clinic

1525, Seventh Street, NW
Washington, DC 20001

Telephone: 202-265-2400

Fax: 202-745-1081

Website:

<http://www.breadforthecity.org/medical.html>

Parent Organization: Bread for the City

Services: Healthcare

Payment: Free

Zacchaeus Free Clinic - Southeast

1640 Good Hope Road, SE
Washington, DC 20020

Telephone: 202-561-8587

Fax: 202-574-1536

Website:

<http://www.breadforthecity.org/medical.html>

Parent Organization: Bread for the City

Services: Healthcare

Payment: Free

Cross-Reference

Services

Advocacy

- Advocates for Recovery Through Medicine
- Alcohol Policies Project
- American Society of Addiction Medicine
- Center for Substance Abuse Research
- Center on Alcohol Marketing and Youth
- Century Council
- DC Addictive Service Providers Consortium, Inc.
- D.C. Crystal Meth Working Group
- DC Recovery Community Alliance
- Drug Policy Alliance - DC Office
- Drug Strategies
- Ensuring Solutions to Alcohol Problems
- Faces and Voices of Recovery
- Johnson Institute
- Legal Action Center - Washington Office
- National African American Drug Policy Coalition
- National Association of Alcohol and Drug Abuse Counselors
- Office of Prevention and Youth Services
- Office of Special Population Services
- RecoveryWorks
- Father Martin's Ashley Alumni
- Hazelden Alumni
- Joint Commission on Accreditation of Healthcare Organizations
- Lawyer Assistance Program
- Narcotics Anonymous - Cheapeake and Potomac Region
- National Alliance of Advocates for Buprenorphine Treatment
- National Association of Alcohol and Drug Abuse Counselors
- National Association of Children of Alcoholics
- National Association of State Alcohol and Drug Abuse Directors
- National Council on Alcoholism and Drug Dependence, Inc.
- National Organization on Fetal Alcohol Syndrome
- Oficina Intergrupala Hispana de Washington D.C.
- Oxford House, Inc.
- Physician Health Program
- Triangle Club
- Westside Club

Clubs and Associations

- Advocates for Recovery Through Medicine
- Al-Anon/Alateen - DC
- Alcoholics Anonymous - DC
- American Society of Addiction Medicine
- Anacostia Young People's Club
- Betty Ford Alumni
- Caron Alumni
- Community Anti-Drug Coalitions of America
- Crystal Meth Anonymous - Local Meetings
- DC Addictive Service Providers Consortium, Inc.
- D.C. Crystal Meth Working Group
- DC Epidemiological WorkGroup
- DC Recovery Community Alliance
- Dupont Circle Club
- Employee Assistance Professional Association - DC

Enforcement

- Alcoholic Beverage Control Board
- Alcoholic Beverage Regulation Administration
- DEA Washington Division
- Washington, DC/Baltimore HIDTA

Housing – Transitional

- Clean and Sober Streets
- Federal City Recovery Services - Bellevue Street
- Fulton House of Hope
- Oxford House - Bellevue Terrace
- Oxford House - Brownstone
- Oxford House - C Street

- Oxford House - Deanwood
- Oxford House - Delafield
- Oxford House - Fernway
- Oxford House - Foote Street
- Oxford House - Fourth Street
- Oxford House - Garrison
- Oxford House - Good Hope
- Oxford House - Joseph Smith
- Oxford House - Kalorama
- Oxford House - Lincoln Park
- Oxford House - Military Road
- Oxford House - Nineteenth Street, NW
- Oxford House - Northampton
- Oxford House - R Street
- Oxford House - Second Street
- Oxford House - Tenley
- S.O.M.E Addiction Services
- Samaritan Inns
- Transforming Lives Ministries
- Whitman Walker Mental Health and Addiction Treatment Service

Maintenance – Buprenorphine

- PI Non-hospital Detoxification Program
- Womens Services Center

Maintenance – Methadone

- Good Hope Institute
- Lambda Center
- Model Treatment Program
- Office of Women's Services
- PI Non-hospital Detoxification Program
- PIDARC Partners in Drug Abuse Rehabilitation and Counseling
- UPO Comprehensive Treatment Center
- Womens Services Center

Mental Health

- Echelon Community
- McClendon Center
- Neighbors' Consejo Outpatient Substance Abuse Services
- Neighbors' Consejo Outpatient Treatment
- Riverside Hospital/Acute Program

Peer Support

- AI-Anon/Alateen - DC

- Alcoholics Anonymous - DC
- American Society of Addiction Medicine
- Anacostia Young People's Club
- Betty Ford Alumni
- Caron Alumni
- Community Anti-Drug Coalitions of America
- Crystal Meth Anonymous - Local Meetings
- DC Addictive Disorder Service Providers Consortium, Inc.
- D.C. Crystal Meth Working Group
- DC Recovery Community Alliance
- Dupont Circle Club
- Faces and Voices of Recovery
- Father Martin's Ashley Alumni
- Hazelden Alumni
- Lawyer Assistance Program
- Narcotics Anonymous - Cheapeake and Potomac Region
- National Alliance of Advocates for Buprenorphine Treatment
- National Association of Alcohol and Drug Abuse Counselors
- National Association of Children of Alcoholics
- National Council on Alcoholism and Drug Dependence, Inc.
- National Organization on Fetal Alcohol Syndrome
- Oficina Intergrupala Hispana de Washington D.C.
- Oxford House - Bellevue Terrace
- Oxford House - Brownstone
- Oxford House - C Street
- Oxford House - Deanwood
- Oxford House - Delafield
- Oxford House - Fernway
- Oxford House - Foote Street
- Oxford House - Fourth Street
- Oxford House - Garrison
- Oxford House - Good Hope
- Oxford House - Joseph Smith
- Oxford House - Kalorama
- Oxford House - Lincoln Park
- Oxford House - Military Road
- Oxford House - Nineteenth Street, NW
- Oxford House - Northampton
- Oxford House - R Street
- Oxford House -, Second Street
- Oxford House - Tenley
- Oxford House, Inc.

- Reeves Recovery Club
- Triangle Club
- Westside Club

Policy Research and Planning

- Alcohol Policies Project
- Carnevale Associates
- Center for Drug Abuse Research
- Center for Substance Abuse Research
- Center on Alcohol Marketing and Youth
- CSAP Division of Workplace Programs
- Danya International, Inc.
- DC Epidemiological WorkGroup
- Drug Court Clearinghouse
- Drug Strategies
- Ensuring Solutions to Alcohol Problems
- Lawyer Assistance Program
- McFarland & Associates
- National African American Drug Policy Coalition
- National Association of State Alcohol and Drug Abuse Directors
- National Organization on Fetal Alcohol Syndrome
- Office of Applied Studies
- Office of National Drug Control Policy
- Oxford House, Inc.
- Substance Abuse & Mental Health Committee
- Washington Regional Alcohol Program

Professional Services

- Carnevale Associates
- Danya International, Inc.
- McFarland & Associates

Publishing and Networking

- National Association of Children of Alcoholics
- Johnson Institute
- Alcoholics Anonymous - DC
- Alcoholic Beverage Regulation Administration
- Center for Substance Abuse Research
- Drug Court Clearinghouse
- National African American Drug Policy Coalition
- Legal Action Center - Washington Office
- Alcohol Policies Project

- Office of National Drug Control Policy
- National Clearinghouse for Alcohol and Drug Information (NCADI)
- CSAP Division of Workplace Programs
- National Treatment Locator
- RecoveryWorks
- Central East Addiction Technology Transfer Centers
- Mental Health and Substance Abuse Hotline
- National Association of State Alcohol and Drug Abuse Directors
- National Alliance of Advocates for Buprenorphine Treatment
- Washington Regional Alcohol Program
- National Organization on Fetal Alcohol Syndrome
- Community Anti-Drug Coalitions of America
- National Council on Alcoholism and Drug Dependence, Inc.
- National Association of Alcohol and Drug Abuse Counselors
- The Rush Center - Faith Partners
- Oxford House, Inc.
- Drug Strategies
- DC Epidemiological WorkGroup
- Century Council
- Methadone Treatment Center Locator

Screening and Assessment

- Assessment and Orientation Center (AOC) Program
- Assessment and Referral Center
- CSOSA Reentry and Sanctions Center
- CSOSA Substance Abuse and Treatment Branch
- Lawyer Assistance Program
- Office of Special Population Services
- Physician Health Program
- Project Orion
- Reentry and Sanctions Center
- Substance Abuse and Rehabilitation Program

Treatment – Aftercare

- APRA Continuing Care
- Cataadah House
- Office of Women's Services

Treatment – Hospital Inpatient

- Lambda Center
- NIH Treatment Program
- Office of Women's Services
- Outpatient Behavioral Health Services
- PI Non-hospital Detoxification Program

Treatment – Intensive Day

- Community Integrated Treatment for Youths
- Hillcrest Children's Center
- Kolmac Clinic
- Lambda Center
- Neighbors' Consejo Outpatient Treatment
- Outpatient Behavioral Health Services
- Riverside Hospital/Acute Program
- VA Substance Abuse Rehabilitation Program

Treatment – Long-term Residential

(more than 30 days)

- Bridge Back Center
- Christ House
- Clean and Sober Streets
- Community Action Group
- Community Action Group - Family Court Pilot Treatment Program
- Community Action Group - Women's Residential Program
- Federal City Recovery Services - Bellevue Street
- Fulton House of Hope
- Harbor Light Center
- Neighbors' Consejo Outpatient Substance Abuse Services
- Neighbors' Consejo Outpatient Substance Abuse Services
- Office of Women's Services
- RAP Residential Treatment Facility
- S.O.M.E Addiction Services
- Samaritan Inns
- Second Genesis Residential
- Seton House - Outpatient
- So Others Might Eat Inc (SOME)
- Transforming Lives Ministries

Treatment – Outpatient

- Andromeda

- APRA Model Treatment Program
- Army Substance Abuse Program
- Better Way Program
- Cataadah House
- Concerned Citizens on Alcohol and Drug Abuse
- Concerned Citizens on Alcohol and Drug Abuse Inc
- Executive Addictive Disease Program Inc
- Family and Medical Counseling Service
- Family and Medical Counseling Services
- Good Hope Institute
- Hillcrest Children's Center
- La Clinica del Pueblo
- Lambda Center
- LAYC Substance Abuse Program
- Max Robinson Center
- Mental Health Substance Abuse Program
- Model Treatment Program
- Next Step
- Office of Women's Services
- Outpatient Behavioral Health Services
- PI Non-hospital Detoxification Program
- PIDARC Partners in Drug Abuse Rehabilitation and Counseling
- Reentry and Sanctions Center
- Riverside Hospital/Acute Program
- Safe Haven - Sibley Plaza
- Seton House - Outpatient
- So Others Might Eat Inc (SOME)
- Substance Abuse and Rehabilitation Program
- UPO Comprehensive Treatment Center
- VA Substance Abuse Rehabilitation Program
- Whitman Walker Mental Health and Addiction Treatment Service
- Womens Services Center

Treatment – Short-Term Residential

(30 Days or Less)

- Lambda Center
- NIH Treatment Program
- Office of Women's Services
- Outpatient Behavioral Health Services
- PI Non-hospital Detoxification Program

Clientele

Adolescents

- Community Integrated Treatment for Youths
- Family and Medical Counseling Services
- Hillcrest Children's Center
- LAYC Substance Abuse Program
- Office of Prevention and Youth Services
- PI Non-hospital Detoxification Program
- Riverside Hospital/Acute Program

Alumni Groups

- Betty Ford Alumni
- Caron Alumni
- Father Martin's Ashley Alumni
- Hazelden Alumni

AODD Professionals

- American Society of Addiction Medicine
- APRA Office of Quality Assurance and Improvement
- Center on Alcohol Marketing and Youth
- Central East Addiction Technology Transfer Centers
- Community Anti-Drug Coalitions of America
- Danya Institute
- Danya International, Inc.
- Employee Assistance Professional Association - DC
- Ensuring Solutions to Alcohol Problems
- National Alliance of Advocates for Buprenorphine Treatment
- National Association of Alcohol and Drug Abuse Counselors
- National Association of State Alcohol and Drug Abuse Directors
- National Council on Alcoholism and Drug Dependence, Inc.
- Office of Certification and Regulation
- Office of Quality Assurance & Improvement

Criminal Justice Clients

- Assessment and Orientation Center (AOC)

Program

- Cataadah House
- Center for Drug Abuse Research
- Concerned Citizens on Alcohol and Drug Abuse
- Drug Court Clearinghouse
- Family and Medical Counseling Services
- Harbor Light Center
- Legal Action Center - Washington Office
- National African American Drug Policy Coalition
- Next Step
- Outpatient Behavioral Health Services
- Reentry and Sanctions Center

DUI/DWI Offenders

- Community Integrated Treatment for Youths
- Family and Medical Counseling Services
- Hillcrest Children's Center
- LAYC Substance Abuse Program
- Office of Prevention and Youth Services
- PI Non-hospital Detoxification Program
- Riverside Hospital/Acute Program

Gay, Lesbian, Bisexual and Transgender

- Lambda Center
- Max Robinson Center
- Office of Special Population Services
- PI Non-hospital Detoxification Program
- Riverside Hospital/Acute Program
- Triangle Club
- Whitman Walker Mental Health and Addiction Treatment Service

Homeless

- Central Union Mission
- Christ House
- Clean and Sober Streets
- Concerned Citizens on Alcohol and Drug Abuse Inc
- Harbor Light Center
- Neighbors' Consejo Inpatient Substance

- Abuse Services
- Office of Special Population Services
- Samaritan Inns
- Samaritan Inns - Intensive Treatment Program
- So Others Might Eat Inc (SOME)
- Unity Health Care

Latino

- Andromeda
- La Clinica del Pueblo
- Neighbors' Consejo Inpatient Substance Abuse Services
- Neighbors' Consejo Outpatient Treatment
- Oficina Intergrupala Hispana de Washington D.C.

Men

(other programs may also serve men as part of general clientele)

- Cataadah House
- Central Union Mission
- Community Action Group
- Neighbors' Consejo Inpatient Substance Abuse Services
- Oxford House - Bellevue Terrace
- Oxford House - Brownstone
- Oxford House - C Street
- Oxford House - Deanwood
- Oxford House - Delafield
- Oxford House - Garrison
- Oxford House - Good Hope
- Oxford House - Joseph Smith
- Oxford House - Kalorama
- Oxford House - Lincoln Park
- Oxford House - Military Road
- Oxford House - Nineteenth Street, NW
- Oxford House - Northampton
- Oxford House - R Street
- Oxford House -, Second Street
- Oxford House - Tenley
- S.O.M.E Addiction Services
- Transforming Lives Ministries
- UPO Comprehensive Treatment Center

People with HIV/AIDS

- Cataadah House
- Federal City Recovery Services - Bellevue

- Street
- Lambda Center
- Mental Health Substance Abuse Program
- Next Step
- RAP Residential Treatment Facility
- Riverside Hospital/Acute Program
- VA Substance Abuse Rehabilitation Program

People with Mental Health Disorders

- Echelon Community
- Fulton House of Hope
- McClendon Center
- Mental Health Substance Abuse Program
- Neighbors' Consejo Inpatient Substance Abuse Services
- Next Step
- PI Non-hospital Detoxification Program
- PIDARC Partners in Drug Abuse Rehabilitation and Counseling
- RAP Residential Treatment Facility
- UPO Comprehensive Treatment Center

Occupational Groups

- CSAP Division of Workplace Programs
- Executive Addictive Disease Program Inc
- Lawyer Assistance Program
- Physician Health Program

Seniors

- APRA Detox Center
- Office of Special Population Services
- Outpatient Behavioral Health Services
- Substance Abuse Awareness for, Seniors (SAAS) Program
- UPO Comprehensive Treatment Center
- Womens Services Center

Veterans and Active-Duty Military

- Army Substance Abuse Program
- Substance Abuse and Rehabilitation Program
- VA Substance Abuse Rehabilitation Program

Women

(other programs may also Serve women as part of general clientele)

- Community Action Group - Women's Residential Program
- Fulton House of Hope
- Hillcrest Children's Center
- Oxford House - Fernway
- Oxford House - Foote Street
- Oxford House - Fourth Street
- UPO Comprehensive Treatment Center
- Womens Services Center

Payment Options

Choice and DC Government Programs

Choice is a program that pays for treatment for DC residents who do not have the means or private insurance to pay for it themselves. Under the Choice program, a prospective client is evaluated at the Assessment and Referral Center and a voucher is issued, good for up to \$10,000 worth of treatment at a recommended program. Not all DC certified programs accept Choice Vouchers. Here are the ones that do:

- Andromeda
- APRA Model Treatment Program
- Better Way Program
- Bridge Back Center
- Cataadah House
- Clean and Sober Streets
- Community Action Group Men's Program
- Concerned Citizens on Alcohol and Drug Abuse – Pregnant and Post-partum Women's Program
- Concerned Citizens on Alcohol and Drug Abuse –Adult Program
- Family and Medical Counseling Service
- Federal City Recovery Services - Bellevue Street
- Good Hope Institute
- Harbor Light Center (Salvation Army)
- La Clinica del Pueblo
- Lambda Center (Whitman-Walker)
- Max Robinson Center (Whitman-Walker)
- Model Treatment Program
- Neighbors' Consejo
- Next Step
- PIW Non-hospital Detoxification Program
- PIDARC (Partners in Drug Abuse Rehabilitation and Counseling)
- Providence Hospital Detoxification
- RAP Residential Treatment Facility
- Safe Haven Program for Women
- Second Genesis Residential
- Seton House - Inpatient
- So Others Might Eat Inc (SOME)
- UPO Comprehensive Treatment Center
- Womens Services Center

Free and Sliding-Scale Programs

By the time many people “hit bottom”, they have little or no resources left to pay for treatment. Some programs provide free recovery Services. Some offer treatment on a sliding scale, depending the ability to pay. In fact, recent studies show that more people get better in the so-called “self-help” groups (which are really peer-support groups) than in clinical programs.

Treatment Programs:

- Samaritan Inns Treatment Program
- Harbor Light
- Neighbors Consejo
- NIH (really National Institute of Alcoholism and Alcohol Abuse at the NIH Clinical Center)

Peer Support Programs:

- Alcoholics Anonymous
- Al-Anon Alateen Family Groups
- Cocaine Anonymous
- Crystal Meth Anonymous
- Narcotics Anonymous
- Oxford Houses

Private and Government Insurance:

- Kaiser Permanente – Inpatient and Outpatient Treatment at a Kaiser program with various co-payments. Kaiser has their own outpatient program.
- Blue Cross/Blue Shield – requires prior authorization for substance abuse treatment
- CareFirst BlueChoice (Federal employee plan)- all diagnostic categories of mental health and substance abuse conditions listed in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM IV) will be covered, subject to requirements and copayments of the individual health plans.
- Aetna Open Access (Federal employee plan)- Behavioral health Services (e.g., treatment or care for mental disease or illness, alcohol abuse and/or substance abuse) are managed by Aetna Behavioral Health. We also make initial coverage determinations and coordinate referrals, if required; any behavioral health care referrals will generally be made to providers affiliated with the organization, unless your needs for covered Services extend beyond the capability of these providers.
- M.D. IPA - Washington, DC area (Federal employee plan)– covered, subject to pre-approval (1-800-251-0956) and some co-payments.
- United HealthCare Definity HDHP (Federal employee plan)- covered, subject to pre-approval (1-877-835-9816) and some co-payments.
- Unity Health Care – pays for substance abuse treatment for DC residents who do not have private insurance.
- Medicaid/Medicare may pay for assessment and screening, but does not pay for treatment at this time. This will change, so check with the treatment provider.

Appendix

AUDIT, an AODD Assessment Tool

AUDIT, or the Alcohol Use Disorders Identification Test was developed by the World Health organization and is widely-accepted as a valid measure of whether someone needs help with an alcohol problem. It has 10 questions and is considered to be 95% accurate. An instructional booklet on how to use the AUDIT questionnaire is at http://whqlibdoc.who.int/hq/2001/WHO_MSD_MSB_01.6a.pdf . With the exception of Questions 2 and 3, the same questions can be applied to drug use.

To correctly answer some of these questions you need to know the definition of a drink. The WHO defines a drink as:

- one eight-ounce can or bottle of beer
- one glass of wine
- one shot of distilled liquor

Here are the AUDIT questions:

1. **How often do you have a drink containing alcohol? (use mood-altering drugs?)**
 - Never (score 0)
 - Monthly or Less (score 1)
 - 2-4 times a month (score 2)
 - 2-3 times a week (score 3)
 - 4 or more times a week (score 4)
2. **How many alcoholic drinks do you have on a typical day when you are drinking?**
 - 1 or 2 (0)
 - 3 or 4 (1)
 - 5 or 6 (2)
 - 7-9 (3)
 - 10 or more (4)
3. **How often do you have 6 or more drinks on one occasion?**
 - Never (0)
 - Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
4. **How often during the past year have you found that you drank more (used more drugs) or for a longer time than you intended?**
 - Never (0)

- Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
5. **How often during the past year have you failed to do what was normally expected of you because of your drinking? (drug use?)**
- Never (0)
 - Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
6. **How often during the past year have you had a drink (drug) in the morning to get yourself going after a heavy drinking (using), Session?**
- Never (0)
 - Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
7. **How often during the past year have you felt guilty or remorseful after drinking? (using drugs?)**
- Never (0)
 - Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
8. **How often during the past year have you been unable to remember what happened the night before because of your drinking? (drug use?)**
- Never (0)
 - Less than monthly (1)
 - Monthly (2)
 - Weekly (3)
 - Daily or almost daily (4)
9. **Have you or anyone else been injured as a result of your drinking? (drug use?)**
- No (0)
 - Yes, but not in the past year (2)
 - Yes, during the past year (4)
10. **Has a relative, friend, doctor, or health care worker been concerned about your drinking (drug use), or suggested that you cut down?**
- No (0)
 - Yes, but not in the past year (2)
 - Yes, during the past year (4)

If you scored 8-10 or more, you are probably addicted to alcohol or drugs.